

Participant Report Form – Call 2019 – KA1 – Learning Mobility of Individuals – Staff mobility for teaching and training activities

Fields marked with * are mandatory.

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1 Purpose of the Participant Report

This final report on your mobility experience will provide the EU's Erasmus+ programme with valuable information which will benefit both future participants and contribute to the continued improvement of the programme. We are grateful for your co-operation in filling out the questionnaire.

All personal data mentioned in this form will be processed in accordance with Regulation (EC) No 2018 /1725 of the European Parliament and of the Council of 23 October 2018 on the protection of natural persons with regard to the processing of personal data by the European Union institutions, bodies, offices and agencies and on the free movement of such data. This report, once submitted, will be accessible to the coordinating organisation, the National Agencies of the Erasmus+ Programme and the European Commission. More details can be found in the [Specific Privacy statement](#).

2 Identification of the Participant and General Information

* 2.1 First and last name

See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.

2.2 Mobility start date

The date on which your mobility activity started, provided for information only. Should this date be incorrect, please contact the person responsible for management of your mobility to correct this date.

2.3 Mobility end date

The date on which your mobility activity ended, provided for information only. Should this date be incorrect, please contact the person responsible for management of your mobility to correct this date.

***2.4 Email address, where I can be contacted in the future**

See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.

Please correct this email address if necessary.

***2.5 Was this your first staff mobility period financed by the Erasmus+ or Lifelong Learning Programmes?**

- Yes
- No

***2.6 Please indicate how many times you have been on staff mobility financed by Erasmus+ or Lifelong Learning Programmes since 2010**

- 2-5 times
- 6-10 times
- More than 10 times

***2.7 What type of activity did you carry out?**

- Staff mobility for teaching
- Staff mobility for training

***2.8 Is your sending organisation:**

- A higher education institution?
- An enterprise?

***2.9 Is mobility of staff actively encouraged by your institution as part of its institutional strategy (such as its overall strategy, staff development or internationalisation strategy)?**

- Very much
- Much
- Little
- Very little

***2.10 Are mobility activities and cooperation with the educational sector part of your enterprise's strategy?**

- Yes
- No

***2.11 Was a mobility agreement between you and your institution/enterprise signed before the mobility?**

- Yes
- No

***2.12 What were your main motivations for taking part in this Erasmus+ mobility?**

Multiple answers are possible.

- To acquire knowledge and specific know-how from good practice abroad
- To develop my own competences in my field and increase the relevance of my teaching
- To increase knowledge of social, linguistic and/or cultural matters

- To gain practical skills relevant for my current job and professional development
- To increase my job satisfaction
- To build up new contacts/expand my professional network
- To reinforce the cooperation with a partner institution
- To build up cooperation with the labour market
- To create spin-off effects like curriculum development, development of joint courses or modules, academic networks, research collaboration etc.
- To experiment and develop new learning practices and teaching methods
- To share my own knowledge and skills with students
- To increase the quality and quantity of student and staff mobility to and from my sending institution
- To meet new people
- To increase my future employment and career opportunities
- To receive an Erasmus+ grant
- To improve my foreign language skills
- To improve services offered by my sending institution
- Other

*2.13 If other, please specify

*2.14 Did your staff mobility include the following elements?

Multiple answers are possible.

- Lectures
- Job-shadowing
- Tutorials/seminars/workshops
- Research supervision of students
- Distance teaching/online courses
- Problem-based learning/case studies
- Own research activities
- Promotion and/or follow-up/monitoring of Erasmus+ mobility
- Joint events and seminars
- Participation in a Staff Training Week
- Participation in tests/exams
- Planning of future Erasmus+ co-operation
- Cultural activities
- Monitoring of Erasmus+ cooperation projects

3 General satisfaction

*3.1 How satisfied are you with this mobility experience in general?

- Very satisfied

- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

*3.2 Would you recommend this experience to a colleague?

- Yes
- No

*3.3 How do you plan to share your experience?

Multiple answers are possible.

- With a written report
- At staff meeting(s)
- At conference(s)
- At workshop(s) with colleagues
- In the media
- Other
- Not foreseen at all

4 Practical arrangements

4.1 If relevant, how much did you pay approximately yourself for your travel to and from your receiving institution/organisation?

EUR

4.2 If relevant, how much did you receive from your sending institution for your travel costs (or from your receiving institution in case you are from an enterprise)?

EUR

4.3 If relevant, how much did you receive from your sending institution for your daily subsistence costs abroad (or from your receiving institution in case you are from an enterprise) (average amount per day)?

EUR/day

5 Personal and professional development and impact

5.1 Personal and professional development: thanks to this Erasmus+ mobility activity

| | Strongly agree | Rather agree | Neither agree nor disagree | Rather disagree | Strongly disagree | Not applicable |
|--|-----------------------|-----------------------|----------------------------|-----------------------|-----------------------|-----------------------|
| * I have learned from good practices abroad | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| * I have experimented and developed new, innovative learning practices or teaching methods | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| * I have gained sector-specific or practical skills relevant for my current job and professional development | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| * I have enhanced my curriculum design skills | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| * I have enhanced my organisational/management /leadership skills | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| * I have reinforced or extended my professional network or built up new contacts | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| * I have reinforced the cooperation with the partner institution/organisation | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

| | | | | | | |
|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| * I have built cooperation with players in the labour market | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| * I have built cooperation with players in civil society | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| * I have improved my foreign language skills | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| * I have increased my social, linguistic and/or cultural competences | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| * I have improved my competences in the use of Information and Communication Technology tools (e.g. computer, internet, virtual collaboration platforms, software, ICT devices, etc.) | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| * I have increased my job satisfaction | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| * I have enhanced my employment and career opportunities | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

5.2 Furthermore, during my mobility activity...

| | Strongly agree | Rather agree | Neither agree nor disagree | Rather disagree | Strongly disagree | Not applicable |
|--|-----------------------|-----------------------|----------------------------|-----------------------|-----------------------|-----------------------|
| * I have shared my own knowledge and skills with students and/or other persons | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| * I contributed to create spin-off effects like curriculum development, development of joint courses or modules, academic networks, research collaboration, etc. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| * I contributed to increasing the quality and quantity of student or staff mobility to and from my sending institution | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Other | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

* 5.3 If other, please specify

5.4 My teaching period had the following impact on the receiving institution

| | Strongly agree | Rather agree | Neither agree nor disagree | Rather disagree | Strongly disagree | Not applicable |
|---|-----------------------|-----------------------|----------------------------|-----------------------|-----------------------|-----------------------|
| * Has enhanced the motivation of non-mobile students to study/do a traineeship abroad | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| * Has allowed non-mobile students to get a perspective from abroad ("internationalisation at home") | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| * Has allowed students to develop their entrepreneurial mind-set and to understand enterprises | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| * Will lead to the use of new teaching methods /approaches at the partner institution | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| * Has led to the use of new teaching methods /approaches at the partner institution | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

| | | | | | | |
|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| * Will lead to the introduction of new teaching subject(s) | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| * Has led to the introduction of new teaching subject(s) | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| * Will lead to the introduction of changes in the organisation /management of the partner institution | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| * Has led to the introduction of changes in the organisation/management of the partner institution | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Other | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

*5.5 If other, please specify

5.6 My mobility period had the following impact on my sending institution/enterprise

| | Strongly agree | Rather agree | Neither agree nor disagree | Rather disagree | Strongly disagree | Not applicable |
|--|-----------------------|-----------------------|----------------------------|-----------------------|-----------------------|-----------------------|
| * Will lead to the use of new teaching/training methods /approaches/good practices at my sending institution | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| * Has led to the use of new teaching/training methods /approaches/good practices at my sending institution | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| * Will lead to new/increased cooperation with the partner institution/organisation(s) | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| * Has led to new/increased cooperation with the partner institution/organisation(s) | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| * Will lead to internationalisation of my sending institution | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| * Has led to internationalisation of my sending institution | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

| | | | | | | |
|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| * Will lead to stronger involvement of my institution /enterprise in curriculum development | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| * Has led to stronger involvement of my institution /enterprise in curriculum development | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| * Will lead to the introduction of changes in the organisation /management of my sending institution /enterprise | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| * Has led to the introduction of changes in the organisation/management of my sending institution /enterprise | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Other | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

*5.7 If other, please specify

6 Recognition

*6.1 In what way will your mobility be recognised by your sending institution/enterprise?

Multiple answers are possible.

- Part of my yearly work plan
- Included in my annual performance assessment
- Informal recognition by my management (such as the head of department / unit, dean, rector)
- Salary increase
- Other
- Not recognised at all

*6.2 Do you feel satisfied with this level of recognition?

- Yes
- No
- Don't know/Cannot judge

*6.3 How would you like to see recognition dealt with by your institution/enterprise?

Multiple answers are possible.

- As part of my yearly work plan
- Included in my annual performance assessment
- Informal recognition by the management
- Salary increase
- Other

7 Conclusions

7.1 If you wish, please give any additional information, observations, comments or recommendations that may be useful for staff wishing to go abroad, as well as for your National Agency for Erasmus+ or the European Commission in order to improve the staff mobility action.

8 Publication and Usage Rights of the Information and of the Email Address

* 8.1 I'm willing to help staff and students based on my on Erasmus+ experience. They can contact me at my email address.

- Yes
- No

* 8.2 I agree that (parts of) this report can be published and made available to the general public.

- Yes, with my name and email address
- Yes, but anonymised (no name, no email address)
- No

* 8.3 I agree that my email address will be used later to contact me for further studies related to the content of this final report or regarding the Erasmus+ programme or EU issues.

- Yes
- No